



ADELAIDE CATHEDRAL PARISH

First Sunday of Lent - Year C

6th March 2022

Dear Sisters and Brothers,

Lent is a favourable time for personal and community renewal, as it leads us to the paschal mystery of the death and resurrection of Jesus Christ. For our Lenten journey in 2022, we will do well to reflect on Saint Paul's exhortation to the Galatians: "Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. So then, while we have the opportunity (*kairós*), let us do good to all" (*Gal* 6:9-10).

1. Sowing and Reaping.

In these words, the Apostle evokes the image of sowing and reaping, so dear to Jesus (cf. *Mt* 13). Saint Paul speaks to us of a *kairós*: an opportune time for sowing goodness in view of a future harvest. What is this "opportune time" for us? Lent is certainly such an opportune time, but so is our entire existence, of which Lent is in some way an image.

All too often in our lives, greed, pride and the desire to possess, accumulate and consume have the upper hand, as we see from the story of the foolish man in the Gospel parable, who thought his life was safe and secure because of the abundant grain and goods he had stored in his barns (cf. *Lk* 12:16-21). Lent invites us to conversion, to a change in mindset, so that life's truth and beauty may be found not so much in possessing as in giving, not so much in accumulating as in sowing and sharing goodness.

The first to sow is God himself, who with great generosity "continues to sow abundant seeds of goodness in our human family" (*Fratelli Tutti*, 54). During Lent we are called to respond to God's gift by accepting his word, which is "living and active" (*Heb* 4:12). Regular listening to the word of God makes us open and docile to his working (cf. *Jas* 1:21) and bears fruit in our lives.

This brings us great joy, yet even more, it summons us to become God's co-workers (cf. *1 Cor* 3:9). By making good use of the present time (cf. *Eph* 5:16), we too can sow seeds of goodness. This call to sow goodness should not be seen as a burden but a grace, whereby the Creator wishes us to be actively united with his own bountiful goodness.

What about the harvest? Do we not sow seeds in order to reap a harvest? Of course! Saint Paul points to the close relationship between sowing and reaping when he says: "Anyone who sows sparsely will reap sparsely as well, and anyone who sows generously will reap generously as well" (*2 Cor* 9:6). But what kind of harvest are we talking about? A first fruit of the goodness we sow appears in ourselves and our daily lives, even in our little acts of kindness. In God, no act of love, no matter how small, and no "generous effort" will ever be lost (cf. *Evangelii Gaudium*, 279).

Just as we recognize a tree by its fruits (cf. *Mt* 7:16, 20), so a life full of good deeds radiates light (cf. *Mt* 5:14-16) and carries the fragrance of Christ to the world (cf. *2 Cor* 2:15). Serving God in freedom from sin brings forth fruits of sanctification for the salvation of all (cf. *Rom* 6:22).

(Pope Francis' Lenten Message 2022 To be continued)

**Many Blessings,
Fr. Anthoni Adimai SdM.**

Stations of the Cross at the Cathedral

Stations of the Cross will be held every Friday at 10.30am in the Cathedral during the Season of Lent. All are welcome.

Lenten activities for St. Peter Claver and St. John Vianney Communities

Stations of the Cross devotions will be held each Thursday morning at St. John Vianney Church immediately after the 9.00am Mass.

6 Mar: African Mass in St. Patrick's Church

Kindly note that the African Mass on 6th March 2022 is moved to St Patrick's at 2.30pm from the Cathedral due to another Event being held in the Cathedral. Please note the change if you are attending the African Mass.

12 Mar: Ordination Mass of Deacons Anthony Beltrame & Olek Stirrat

The Ordination Mass will be held at 10am on Saturday, 12th March 2022 and will be livestreamed from the Cathedral. For further enquires please contact the Archdiocese Events team on 82108210. The Ordination Mass is by invitation only. Please visit the Archdiocese website on: www.adelaide.catholic.org.au to view the livestream.

12 Mar: Ordination Cards for the Deacons

All parishioners who would like to send in their blessings and best wishes to Deacons Anthony Beltrame and Olek Stirrat can purchase Ordination cards that are available in the Cathedral foyer for \$5. Please contact the Mass Coordinators at the church entrance if you would like to purchase one. Thank you for your support.

Cathedral of St Francis Xavier, 39 Wakefield Street, Adelaide

Church of St Patrick, 268 Grote Street, Adelaide
Church of St John Vianney, 546 Glynburn Road, Burnside
Church of St Mary, 179 Stanley Street, North Adelaide

Our Lady of Perpetual Help, cnr of Giles and Todd Streets, Kingscote, Kangaroo Island

Church of the Holy Name, 80 Payneham Road, Stepney
Church of St Peter Claver, cnr Stuart Road & Grandview Grove, Dulwich
Church of the Queen of Angels, cnr South Road & Kintore Street, Thebarton

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Archbishop of Adelaide Administrator Assistant Administrator Latin Mass Chaplain	Archbishop Patrick O'Regan Fr. Anthoni Adimai SdM Fr. Peter Rozitis Fr. Michael McCaffrey, FSSP
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Parish Office (across the lawn from the Cathedral)
Mon to Fri: 9.30am—4.30pm • 8210 8155
39 Wakefield St (corner of Wakefield and King William St)
Adelaide SA 5000.
Mailing: GPO BOX 1364, Adelaide SA 5001.
acp@adelaide.catholic.org.au • www.adelcathparish.org

Parish newsletter: www.adelcathparish.org/news-events/weekly-newsletters.

Aboriginal Catholic Ministry Otherway Centre	8362 3185
Cathedral Parish Music	8210 8128

Any emergency requiring a priest• 0417 080 955
Pastoral Care: Visitation and Communion can be arranged for parishioners who are ill. Please call the Office: 8210 8155.

Normal Mass Timings

St. Francis Xavier Cathedral, Adelaide
Sunday Masses **Sat :** 6pm(Vigil)
 Sun: 7am, 9am, 11am,
 2.30pm (African), 6pm

Weekday Masses **Mon - Fri:** 8am, 12.10pm & 5.45pm
 Sat: 8am, 11.30am

Public Holidays 8am **ONLY at the Cathedral.**

Confessions **Mon, Wed, Fri:** 11-12 noon, 5-5.30pm
 Sat: 12 noon-1pm, 4.30-5.30pm

Holy Hour **Tues:** 6.30pm, **Fri:** 11am

St Mary's, Lower North Adelaide
Tues and Fri: 8am
Sun: 9.30am

Queen of Angels, Thebarton
Wed: 8.30am
Sat: Confessions: 5.45pm | **Vigil:** 6pm
Sun: 9.30am

St John Vianney, Burnside
Tues and Thu: Mass: 9am | **Confessions:** 9.30am
Sun: 9am

St Peter Claver, Dulwich
Wed: 9am, **Fri:** 11am **Confessions:** 11.30am
Sat: Confessions: 5.30pm | **Vigil:** 6pm
Sun: 11am

Holy Name, Stepney
Tues: 5pm: Confession and Mass
Sun: 11am

St. Patrick, Grote Street, Adelaide
Sun: 10.30am (Croatian)
 4.00pm (Portuguese) **ONLY 1st and 3rd Sunday**

Our Lady of Perpetual Help, Kingscote, Kangaroo Island
Sun: Confessions: 9:00 am | **Mass:** 9.30 am

Please contact the Parish Office for Baptism & Wedding bookings.

WORSHIP:

Entrance Antiphon: When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

First Reading: Deuteronomy 26:4-10.

Responsorial Psalm: Be with me, Lord, when I am in trouble.

Second Reading: Romans 10:8-13.

Gospel Acclamation: Praise to you, Lord Jesus Christ, king of endless glory! No one lives on bread alone, but on every word that comes from the mouth of God. Praise to you, Lord Jesus Christ, King of endless glory!

Gospel: Luke 4:1-13.

Universal Prayer Response: Lord, have mercy.

Communion Antiphon: One does not live by bread alone, but by every word that come forth from the mouth of God.

Next week: Second Sunday of Lent.

First Reading: Genesis 15:5-12,17-18.

Second Reading: Philippians 3:17-4:1.

Gospel: Luke 9:28-36.

Liturgies & Activities (7th-13th Mar)

Mon St. Perpetua and St. Felicity.

Tue St. John of God.

Wed St. Francis of Rome.

Sun Second Sunday of Lent.

Prayer Requests

Recently Deceased: Norma Briggs, Peg Roche and Margaret Genovesi.

Deceased Anniversaries:

Cathedral: Yvonne Helene Minogue, Catherine McEvoy, Chiarina Introna,

Queen of Angels: Roma Mitchellle, Anna Marafioti, Elena Cavallaro & family, Marietta Gionesi, Felippa Zapia and Giuseppe Mittiga.

St. Marys: Philip Callus

St. John Vianney/St. Peter Claver: Andrew McGrath, Liberatore De Luca, Mark Tomney, Pauline & Ron White, Leone Jenkins, Corazon familyl, Jittu family, Wells family, Ann Cousins and Gerald Cattanach,

Prayers Requests for the Sick

Bruce Palmer, Ester Mendoza, Jacob Dylan, Anton Sylvester, Antonio Romeo, Emily Swan, Angelina Musico, Teresita Agravante, Amy Lopez, Anna Fiocco, Julie Nelson, Elijah Oleta, Leslie Farlam, Bebut, Hang Chae Jung, Eun Youne Lee, Paul Nowak, Stefano Scambiatterra and Stella Alquizola and Richard Murphy.

13 Mar: First Thanksgiving Masses by the Deacons at Tranmere & Hectorville

We give thanks to God that Deacons Anthony Beltrame and Olek Stirrat will be ordained to the Priesthood on Saturday, 12th March. Parishioners are invited to attend Deacon Anthony Beltrame's first Mass of Thanksgiving on Sunday 13th March at 4.00pm St. Joseph's Tranmere, 484 Magill Road, Kensington Gardens. Deacon Olek Stirrat will celebrate his First Thanksgiving Mass at Annunciation Church, Hectorville on Sunday, 13th March at 2pm. All are welcome to attend.

Cancellation of the Weekly 5.30pm Mass at Holy Name Church from April 1.

Kindly note that the weekly 5.30pm Mass at Holy Name Church, St. Peters will be discontinued from 1st April. Parishioners are requested to attend Masses in the neighboring churches or visit the Cathedral for the 5.45pm Mass.

Adelaide Cathedral Parish Easter Week Services Timetable

The Adelaide Cathedral Parish Easter Week time table will be available shortly in all our churches. Please visit the Parish website to check on the latest updates and information.

March Edition of the Southern Cross

The March edition of the Southern Cross is now available in the church foyer for \$2. Kindly take home a copy today.

14 Mar: Adelaide Cup Holiday Only One Mass in the Parish at 8am

Kindly note there will be ONLY one Mass in our Parish on 14th March at 8am in the Cathedral. It is a Public Holiday for the Adelaide Cup. **Please note there will be no other Masses or Confessions on 14th March.**

Caritas Australia: Project Compassion 2022



The theme of **Project Compassion 2022** is: 'For all future generations'. Taken from the scripture passage *'When God gave his covenant to Noah and every living creature, for all future generations'*.

This theme connects to the Cry of the earth/Cry of the poor focus from the Bishops Conference, and our Catholic Earthcare work. Caritas Australia brings us 'Stories from the field' – the true stories of the people benefitting from Caritas programs. The main story this year is of 12-year-old Anatercia from Mozambique and other stories include Biru from India, Janice from Australia, Rosalie from the DRC, and Shaniella from the Solomon Islands. We would like to thank all our parishioners for supporting Project Compassion 2021 and request you to visit the website www.caritas.org.au/project-compassion/ for more details on how your contributions have changed lives.

Cathedral Parish Scripture Study Program

The 2022 Cathedral Parish Scripture Study program is scheduled to commence on Monday 21st March (not 14th February as previously planned). The program will commence with a double module 'Women In The Old Testament' (10 sessions) followed by a two week break after which Women in the New Testament (8 sessions) will start. A couple of people have asked if the program could offer an online component. We would be happy to offer this alternative to our normal program if there was sufficient interest. Direct enquiries and bookings to Br. Martyn at martynpaxton@gmail.com The range of modules can be viewed at: <https://www.garrattpublishing.com.au/category/little-rock-scripture-study/>.

Adelaide Cathedral Parish RCIA program

Adults who are interested in knowing more about the Catholic faith and becoming a Catholic, the RCIA program will begin shortly. Kindly contact the parish office via email: acp@adelaide.catholic.org.au or call 82108155 to register your interest in joining the program.

Free Fringe 2022 Organ Recitals

St. Francis Xavier's Cathedral is once again opening its doors to Fringe lunchtime pipe organ recitals. The recitals are a unique opportunity to listen to our magnificent 1927 Casavant Frères pipe organ and visit this beautiful place of worship. The 30-minute lunchtime recitals will be held on the following Wednesdays at 1pm: March 2nd organist Gina Dutschke, March 9th organist Amir-Robin Karas and March 16th organist Graham Bell

11 Mar: Festival of Hymns

On Friday 11th March at 7pm, Cathedral Organist, **James Lloyd**, will give a concert at St Francis Xavier's Cathedral featuring well-loved hymns played on the magnificent Cathedral Casavant Frères pipe organ. You are warmly invited to both attend and join in singing. James is the regular organist at the 11am Sunday Solemn Mass at the Cathedral and his vibrant and effusive style has pleased Mass-goers for many years, both at Dernancourt and in the city. This promises to be a night of high entertainment and great delight to those who love organ music played on one of the world's most significant instruments. Entrance is free. This is part of our Fringe 2022 organ recitals.

Lenten Reflection Booklet 2022

This year's 2022 Lenten Booklet produced by the Office for Worship, with contributions from members of the Archdiocesan Community and Catholic Education is now available in the foyer of all churches in the Adelaide Cathedral Parish. This year's booklet also features reflections in Croatian and Malayalam. Please take home a copy from or visit www.adelaide.catholic.org.au to access to this year's Diocesan Lenten resources, which includes family activities for the home and classroom to support your journey through Lent to Easter!

Latin Mass Community

1st Holy Communion Classes continue today at 11am.

Prof Richard Rymarz is visiting our community today. There will be a meeting at 11.10am today for those who took part in his online survey last year to meet Prof and allow him to give you some feedback on the study results.

Stations of the Cross will take place at 6pm every Friday of Lent, just before the 6.30pm Mass. There will be an additional 7am Low Mass on all the Tuesdays and Wednesdays of Lent.

The Youth Group meets this Friday evening.

Project Compassion giving envelopes are now available at the doors of the church.

Registration forms for our upcoming pilgrimage to Penola for the Feast of St. Joseph are available at the doors of the church. Please see Rob Marsh for further information.

St. Martha's Helpers are currently looking for volunteers to help provide a home-cooked meal to parishioners who are sick or who have just had a new arrival in their family. If you are interested, please contact either Susie on 0418 639 494, or Marguerite on 0421 084 268.

Welcome to new parishioners. If you are new to the Latin Mass or new to Holy Name, please don't hesitate to introduce yourself to either Fr. McCaffrey or Fr. Sofatzis after Mass. There is a cuppa after the 9.15am mass every Sunday in the tea room behind the church diagonally across the car park. All welcome. Also please feel free to register as a parishioner on our community census. The link is available on the blogspot.

Please respect the social distancing norms, sanitise your hands and either scan the QR code displayed at each door or record your name by hand each time you enter the church. The Archbishop requires that we wear masks inside church. (There are masks available at the doors of the church if you forget to bring one.) Thank you for your co-operation.

Congregational singing is permitted, but masks must be worn while singing. The Covid Marshals for this Sunday are 8am Rob Marsh, 9.15am Brian Moran, 5pm Peter Balan, and Bianca Fisher is the Covid Marshall for weekday masses.

Please see the community blogspot for other information.

Please remember the sick in your prayers, especially Jane Carey, Kathryn Nader, Tony Caruso, Luise Obrist (Gaby Freer's mother), Terry Hockley (Jess Marsh's father), Vincenza Martucci (Ines Barson's mother). Please remember also the recently deceased, and also those whose anniversaries occur about this time.

Safeguarding Children

A reminder that all children within the church premises need to be accompanied to and from the toilet, ideally by an adult family member. Kindly ensure that children are supervised by an adult family member in the carparks at all times.

COVID-19 Protocols Update: 27th Dec 2021

- If you have tested positive for COVID-19 please follow the instructions as per SA Health in terms of contact tracing and isolating yourself as per government health protocols. **Please stay home and do not attend church services till you have fully recovered.**
- The density requirement has been updated to 3 people per 4 sq. meters.
- These density requirements also includes funerals and weddings services (previously viewed as a private activity) held in the church which was earlier capped at 150 people. It will now be determined by the seating capacity of the church. Please check with the local church for more details.
- COVID check-in using the QR Code or entering your details into the Register prior to entering the Church is mandatory.
- QR codes are still required for our churches as defined under Public Activities.
- Wearing of face-masks completely covering your nose and mouth is mandatory in Church at all times. Please carry your own mask. This includes all religious except when delivering a sermon.
- Sick and high risk/vulnerable people are requested to stay home and not attend services.
- Hand sanitiser is available at church entrances. Kindly sanitise your hands before entering the church.
- There should be no physical contact outside one's family or household group. There should be no shaking of hands or holding hands during Mass.
- Every gathering must record contact details. Logs are located at the entrance to the church.
- Precious Blood will not be distributed.
- No hymn books are to be passed around and congregational singing with facemasks on is now permitted.
- Communion is given only in hands.
- Holy Water is not available at the doors of churches. Collection plates will not be passed around but a single drop point is provided at the churches.
- All surfaces should be cleaned at least daily, with special attention given to frequently touched surfaces.
- Care should be taken at the dismissal and on leaving the church to avoid social contact.
- **Kindly follow the instructions of the Mass Coordinators and COVID Marshals in terms of seating, COVID-19 protocols etc. who are here to assist you.**

IMPORTANT TO NOTE: Cathedral Car Park

Please ensure all Pedestrians use **ONLY** the Carpark Staircase when entering and exiting the Adelaide Cathedral Underground Car Park. We continue to see instances of parishioners using the ramp to walk to and from the Cathedral to the carpark. Kindly do not use the Car Park Ramp as a Pedestrian walkway. Thank you for your cooperation.